CLAIM AMENDMENTS:

1-13 cancelled

14. (new) An insole for shoes designed as a disposable product having a thickness of at most 3 mm and with a liquid absorbing non-woven fiber layer including or based on cellulose fiber material, the insole comprising:

one single wad fleece layer having a cellulose-type fiber material with at least 25 % per weight of heat meltable binding fibers, the layer being strengthened by calendar embossment to produce highly compressed embossed regions of high density and regions of lower density.

- 15. (new) The insole of claim 14, wherein the insole has a thickness of 1 3 mm.
- 16. (new) The insole of claim 15, wherein the insole has a thickness of 1 2 mm.
- 17. (new) The insole of claim 14, wherein the insole has a density of 0.1-0.5 g/cm³.
- 18. (new) The insole of claim 17, wherein the insole has a density of 0.2-0.3 g/cm³.

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- 19. (new) The insole of claim 14, wherein said highly compressed embossed regions constitute a fraction of 8 - 20 % of a surface of said fleece layer.
- 20. (new) The insole of claim 14, wherein said highly compressed embossed regions have a depth of at least 0.5 mm and a smallest dimension in a planar direction of 0.3 0.6 mm.
- 21. (new) The insole of claim 14, wherein a maximum tensile force of said fleece layer in a dry state is 35-100 N/25 mm in a longitudinal direction and 40-100 N/25 mm in a transverse direction.
- 22. (new) The insole of claim 14, wherein a maximum tensile pressure of said fleece layer in a moistened state is 20-100 N/25 mm in a longitudinal direction and 30-80 N/25 mm in a transverse direction.
- 23. (new) The insole of claim 14, wherein the insole has a water retention or acceptance capacity of 1-4 gram liquid per gram of said fleece layer.
- 24. (new) The insole of claim 14, wherein the insole has an internal strength of > 170 N/25 cm².
- 25. (new) The insole of claim 24, wherein the insole has an internal strength of > 180 N/25 mm².

- 26. (new) The insole of claim 14, wherein said fleece layer comprises cotton fibers.
- 27. (new) The insole of claim 14, wherein said heat meltable binding fibers comprise multi-component fibers, polyethylene (PE), polypropylene (PP), and/or polyester (PES).
- 28. (new) The insole of claim 14, further comprising island-shaped or linear shaped slippage prevention means on a lower side of the insole facing an insole of a shoe in a state of use.
- 29. (new) The insole of claim 28, wherein said slippage prevention means have a maximum size of 1.5 mm.
- 30. (new) The insole of claim 28, wherein said slippage prevention means have a maximum size of 1 mm.